



Broward County Government Newsletter

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Community Care Plan, “the health plan with a heart”

Are you Ready?

You can't stop a tropical storm or hurricane, but you can take steps now to protect yourself and your family. The Atlantic hurricane season is June 1st through November 30th each year.

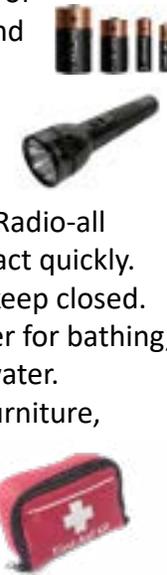
Prepare Your Home Before the Storm:

- Install permanent wooden or metal storm shutters or board up windows with 5/8" marine plywood.
- Install metal straps or hurricane clips to securely fasten your roof to the frame structure.
- Trim trees and clear rain gutters and downspouts.



As the Storm Approaches:

- Remember that a Hurricane Watch means the onset of hurricane conditions are possible within 36 hours, and a Hurricane Warning means the onset of hurricane conditions are likely within 24 hours.
- Have cash, a full tank of gas in a vehicle, and your disaster supplies kit ready to go.
- Listen to the radio or television and NOAA Weather Radio—all hazards for current information and be prepared to act quickly.
- Turn refrigerator and freezer to maximum cold and keep closed.
- Fill the bathtub and other large containers with water for bathing, flushing toilets, and cleaning, but do not drink this water.
- Secure or bring inside such outdoor items as patio furniture, kids' slides, and power mowers.
- Turn off propane tanks. Shut off other utilities if emergency officials advise you to do so.



Immediately After the Storm:

- Use extreme caution going out of doors. Be alert for downed power lines, broken glass, and damage to building foundations, streets and bridges.
- Watch for closed roads.

Content sources: www.fema.gov/ www.ready.gov/kit www.cdc.gov

Disaster Supply Checklist

- Water: One (1) gallon per person per day for at least three (3) days (drinking & sanitation)
- Food: Three (3) day supply of non-perishable food
- Emergency plan and evacuation route
- Disposable cleaning cloths (baby wipes)
- Battery-powered radio with extra batteries
- Prescription medicines and supplies
- First Aid kit and manual
- Baby food and/or prepared formula
- Sleeping bags or extra blankets
- Important emergency local phone numbers
- Cell phone with chargers
- Local shelter information

If you are or think you may be pregnant, please call Community Care Plan to learn what steps you need to take in the event of a hurricane:

1-866-899-4828



Always consult your physician before making changes to your lifestyle or healthcare routine. This information is available for free in other languages. Please call Member Services at 1-866-224-5701 Monday – Friday 8:00am – 7:00 pm EST. For hearing impaired assistance call: TTY/TDD 1-855-655-5303. Si usted necesita esta información en Español llame al 1-866-224-5701 TTY/TDD 1-855-655-5303 de Lunes a Viernes desde las 8:00am a 7:00pm EST. Si ou vie resevwa enfomeseyon sa en Kreyol rele nimewo telefon sa 1-866-224-5701 TTY/TDD 1-855-655-5303 Lendi jiska Vandredi de 8:00am a 7:00pm EST.